



# FACULTY OF SOCIAL SCIENCES

## NATIONAL CERTIFICATE (VOCATIONAL)

### Primary Health LEVEL 2-4

#### ENTRY REQUIREMENTS

Grade 9, 10, 11 or 12

#### DURATION

3 Years (One full year per level)

#### CAMPUS

Caledon

#### WHAT IS THIS PROGRAMME ABOUT?

The Primary Health qualification provides both theoretical learning and practical experience in a simulated and real environment for students to work at community based health organisations.

#### WHAT CAREER OPPORTUNITIES ARE OUT THERE?

- > Primary Health will provide students with the opportunities to pursue a career in the health field at special care organisations, such as TB and HIV units.
- > Students will also be equipped to promote health education in crèches, schools, home based care, old-age homes and other primary healthcare settings.
- > Students will be able to work at non-profit organisations and community based health organisations.

#### WHAT SUBJECTS WILL I BE TAKING?

##### FUNDAMENTAL SUBJECTS

> English/Afrikaans

> Life Orientation

> Mathematical Literacy

##### VOCATIONAL SUBJECTS

Level 2-4

> Public Health

> The Human Body and Mind

> The South African Health Care System

> Community Oriented Primary Care

#### WHAT DO THESE SUBJECTS ENTAIL?

##### PUBLIC HEALTH

Public Health is the science and art to promote health and wellness, to prevent and control disease. It empowers individuals to make informed choices on matters that impact their health and wellness.

Students will be skilled to identify causes of diseases, be able to apply basic principles to prevent further infections towards controlling disease spreading, and to report suspicious signs and symptoms, and encourage treatment adherence to prevent drug-resistance to treatment.

##### THE HUMAN BODY AND MIND

This subject is the study of the structure and functioning of the normal healthy body and a fundamental understanding of the human mind.

##### THE SOUTH AFRICAN HEALTH CARE SYSTEM

This subject encompasses all organisations, institutions, resources, people and actions of which the primary intent is to promote, restore and maintain health. The focus is on policies, laws, terminologies and structures within the abovementioned components.

##### COMMUNITY ORIENTED PRIMARY HEALTH CARE

Community Oriented Primary Care is an approach to the knowledge and practice of health care and human well-being. The subject involves learning about the principles of Community Oriented Primary Care, the importance of individuals and families as well as the significance of the social structure of society on individual and community health. It simultaneously brings personal and individual human health and community medicine together in locally specific context, in order to improve health outcomes for both individuals and the society in which they live.

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